



# On-Target for Kentucky Kids

## KENTUCKY'S SUPERINTENDENTS URGED TO EMBRACE NASP PROGRAM LOCALLY

November 16, 2007

Dear Superintendent,

I am writing to you to share my thoughts regarding an important program that is available for the students in your school system. I understand that you may be considering participation in the National Archery in Schools Program. I have personal experience in my previous district where we decided to implement NASP at the elementary, middle and high school level. As a former high school principal, I have first hand knowledge of what I have seen NASP do for kids.

While most leaders are concerned with the safety aspect, I assure you that with proper training, your NASP activities will be some of the safest in your district. I hope you will take a look at the most recent archery safety data available through the ATA. This information provides the most recent research regarding the comparison between archery safety and ball sports. This information is important for you to share with your school board attorney as you have these discussions.

The most important message I want to share with you in regards to the NASP question for your district is what it can and will do for the students in your district. Do not think about archery as the main focus, but that of "kids." I have personally seen

case after case where students under my direct supervision became more confident, excited, outgoing and most of all academically successful. While I would have never anticipated a program like this in my early years of education, I now believe NASP changes lives. Due to the fact that NASP has no barriers such as gender, size, athleticism, or other, it is



perfect as a tool to get students involved in a school sponsored activity. Involvement, as you know, is paramount to a greater chance for student success. The relationships that I have seen develop through NASP between students and their coaches, teammates, as well as students from other schools is well documented as having an extremely positive effect on the enjoyment by all who participated.

When I arrived in Madison County Schools, one of the first avenues I began to explore was the NASP for our students. Madison County Schools is lo-

*(continued on page 4)*

# Notes from Jennie

## Kentucky NASP State Coordinator

By Jennie Richardson, KDFWR  
Ky. State Coordinator, NASP Program

**Tournament Rule Changes/Updates:** Practice for the tournament will be on Monday the 17th from 2:00 p.m. until 8:00 p.m. with three flights (2-3:30 p.m., 4-5:30 p.m. and 6-7:30 p.m.); All scoring will be conducted by students; Parents/coaches will not be permitted beyond the waiting line; All teams must have one representative attend the regional meeting to qualify for regional and state competition; and students that bring their own arrows must bring their own floor quivers

**Regional Meetings:** Beginning this year, every team which plans on competing in the regional tournaments MUST send a representative to a required meeting held in each region. During these meetings, coaches will be able to get specific information, rules and details about the upcoming tournament. Regional coordinators will be contacting coaches on their distribution lists to relay the information concerning this meeting. Contact your coordinator if you have any questions.

**Goodbye:** The archery world lost a true gentleman recently. Steve Gibbs, owner of the Sure-loc sight company, died on Sunday, Nov. 18, at his home in Holten, Indiana. Gibbs was my first personal sponsor who completely jumped on board to support NASP in its infancy. He always assisted students who wanted to make the transition to other types of competitive archery and sponsored many kids across our state. Always offering ideas and suggestions to improve and encourage growth in NASP, Gibbs will be tremendously missed. His wife, Dianne, has asked that memorial donations be made to NASP.



## NASP—National Level News

### By: Roy Grimes, NASP Executive Director

**Nationals:** The National NASP tournament will be conducted in South Wing Halls B & C at the KY Exposition Center on May 10, 2008. A single shooting line 800 feet long will support 160 lanes. Three flights will be tentatively set at 9 a.m., 12 noon and 3 p.m. with a capacity of 1,920 student archers. For 2008, plans are to place black tape over any marks that could be construed to be sighting aids on the bow's riser. Registration will probably begin around April 1; and teams may be assigned to flights based upon time zones with teams from the eastern and central time zone assigned to the first two flights and mountain and pacific time zones assigned to 3 p.m.

**BAI/BAIT Updates:** The BAI and BAIT training manuals, pocket guide, check-lists, and the BAIT exam have been revised. The revisions are labeled "2007 Edition." These changes include:

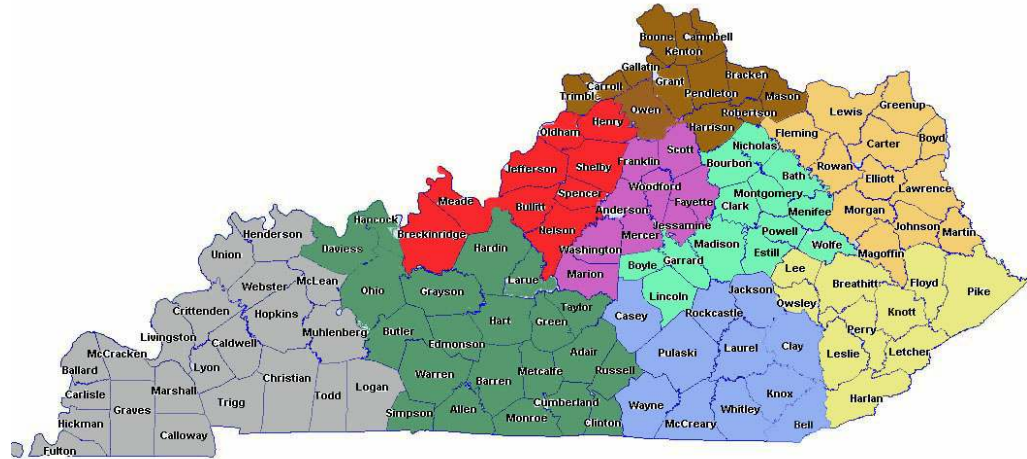
- References to the brass nock locator have been deleted and replaced with recommendations and instructions to use serving thread to tie-on nock locators, for the ultimate in safety. Apparently, there have been rare instances (not in NASP) of brass locators flying off the string when improperly crimped in place.
- A third "aperture" method of determining eye dominance has been added to the two existing methods. When determining a patient's eye dominance an Optometrist has the patient make a small triangle using both palms towards the doctor. With both eyes open the patient looks through this "aperture". The doctor (or archery instructor) can see the dominant eye lined up behind this aperture. Of course this is merely a variation of the "point at the instructor" technique.
- All measurements also now include metric references.
- References to the recurve bow have been deleted from the manuals.
- A few new "instructor suggestions" have been included in the manual.
- Check-lists have been slightly modified to improve clarity and to follow the manual more closely.

(continued on Page 3)

# REGIONAL CONTACT INFORMATION

## UPCOMING TRAININGS:

- ♦ Dec. 1: Richmond YMCA (contact Wiley Faw)
- ♦ Dec. 1: Boone County (Contact Brenda Klaas)
- ♦ Dec. 8: Elliott County (Contact Denise Boggs)
- ♦ Dec. 8: Frankfort (Contact Lisa Frye)
- ♦ Dec. 15: Meade County (Contact Christie Parcell)
- ♦ Dec. 17: McLean County (Contact bfanin@bellsouth.net)
- ♦ Jan. 5: Elizabethtown Christian Academy (Contact Ronda Elam)



For more information about NASP in your county, contact the representative listed below -

### Region 1 Ronda Jordan-Elam

(ronda.jordan@monroe.kyschools.us): Ballard, Caldwell, Calloway, Carlisle, Christian, Crittenden, Fulton, Graves, Henderson, Hickman, Hopkins, Livingston, Logan, Lyon, Marshall, McCracken, McLean, Muhlenberg, Todd, Trigg, Union and Webster

### Region 2 Mark and Ronda Elam

(rjelam@mchsi.com): Adair, Allen, Barren, Butler, Clinton, Cumberland, Daviess, Edmonson, Grayson, Green, Hancock, Hardin, Hart, LaRue, Metcalfe, Monroe, Ohio, Russell, Simpson, Taylor and Warren

### Region 3 Christie Parcell (archery@meade.kyschools.us)

: Breckinridge, Bullitt, Henry, Jefferson, Meade, Nelson, Oldham, Shelby and Spencer

### Region 4 Brenda Klaas (brenda.klaas@boone.kyschools.us)

: Boone, Bracken, Campbell, Carroll, Gallatin, Grant, Harrison, Kenton, Mason, Owen, Pendleton, Robertson and Trimble

### Region 5 Lisa Frye (lisa.frye@frankfort.kyschools.us)

: Anderson, Fayette, Franklin, Jessamine, Marion, Mercer, Scott, Washington and Woodford

### Region 6 Martin Wheeldon (martin.wheeldon@pulaski.kyschools.us)

: Bell, Casey, Clay, Jackson, Knox, Laurel, Marion, McCreary, Pulaski, Rockcastle, Wayne and Whitley

### Region 7 Wiley Faw (Wiley.Faw@bourbon.kyschools.us)

: Bath, Bourbon, Boyle, Clark, Estill, Garrard, Lincoln, Madison, Menifee, Montgomery, Nicholas, Powell, and Wolfe

### Region 8 Denise Boggs (denise.boggs@elliott.kyschools.us)

: Boyd, Carter, Elliott, Fleming, Greenup, Johnson, Lawrence, Lewis, Magoffin, Martin, Morgan and Rowan

### Region 9 Kenny Roark (kenny.roark@perry.kyschools.us)

: Breathitt, Floyd, Harlan, Knott, Lee, Leslie, Letcher, Owsley, Perry and Pike

## National update continued from page 2

The pocket guide was modified to follow the new check-lists more accurately.

The BAIT exam is a bit more difficult. In addition to knowing the 11 Steps to Archery Success in order, the BAIT candidate must also know a "key instructional phrase" for each step.

I highly recommend every BAIT obtain copies of the newest materials. I thought the 1<sup>st</sup> edition was very good and we have received rave reviews from our graduates for it. However, the 2007 edition is much better.



## *Superintendents' letter (continued from page 1).....*

cated in central Kentucky and has an enrollment of approximately 10,000 students. We believe that every student performs at a higher level if they are proud of their school and feel that they are a part of it. As we strive to involve every student in a school related activity, we believe NASP will help us greatly in accomplishing our mission. For the 07-08 school year, we are planning on NASP being in eight of our schools. Our local YMCA has volunteered to host a winter tournament where Madison County students will compete for our first ever Madison County NASP individual and team trophies. It is indeed an exciting time with more and more students becoming involved. Parents are informing us that they are pleased about their child's interest in their new activity. I think it is safe to say that smiles have broken out all over.

Please feel free to contact me if you have any questions regarding NASP or an explanation of our implementation. I hope this letter finds you considering what positive things NASP will do for your students.

Respectfully, Thomas G. Floyd  
Assistant Superintendent Madison County Schools  
tommy.floyd@madison.kyschools.us or 859-625-6090

## *News from across the state.....*

### **Regions I and II: Ronda Jordan-Elam, Monroe County**

Welcome a new school—Cub Run Elementary—to the NASP program. Representatives from there, as well as Albany Elementary went through a recent BAI training held in Monroe County.

Regional tournament planning is underway. We are still working on scheduling these two tournaments and will be sending out information when these plans are concrete. ANY school in Region I or II which will compete in the tournament MUST have a representative attend a required meeting to go over tournament and rule procedures. Information about these meetings will be sent out as soon as the scheduling of these meetings is set.

Anyone wishing to host a training should contact me as soon as possible as we are beginning to schedule for 2008 dates. If you also know of anyone in Regions I or II who have not been receiving e-mail updates, please send me their information to [rjelam@mchsi.com](mailto:rjelam@mchsi.com).

### **Region III: Christie Parcell, Meade County**



**Christie Parcell was recently named coordinator for Region III**

I live in the small town of Battletown with my husband Tim, and my three children – Meagan, Nathan, and Kayla. I have been actively involved in many school and community activities. However, archery has been the interest in which the entire family is able to spend the most time together. Because of the love for the sport, my husband and I began to coach at our elementary school to introduce other children to archery. We also are currently coaching a high school team.

The NASP program has changed my life forever and opened a door for me. I began shooting my daughter's Genesis bow when she joined the team three years ago. Since then, I have acquired my own bow and have shot in various 3-D tournaments. I have immensely enjoyed meeting fellow archers and coaches.

As Region III Coordinator, I am tremendously excited about working with students and coaches from other counties as well as my own. The program has grown by such leaps and bounds that I am seeing overwhelming results. So many lives have been touched and changed by the program. I look forward to meeting everyone and beginning a new year.

My contact information is : Christie Parcell, 694 Pine Ridge Rd., Battletown, Ky. 40104; (270) 497-4559 or e-mail: [archery@meade.kyschools.us](mailto:archery@meade.kyschools.us)

## Region V: Lisa Frye, Franklin County

Hello, Region 5! Your Regional Coordinator, Anita Bolen has retired from teaching and having a wonderful time. I am moving as regional coordinator from Region 3 to work with you here in Region 5. It will be great because this is my home region. Anita will still be seen out in the Frankfort area, so don't worry. She is a wonderful lady and cares a great deal about education and the archery in the schools program.

For those of you that may not know me, my name is Lisa Frye and I teach 8<sup>th</sup> grade math for Frankfort Independent Schools at Frankfort Middle/High. I had moved from 6<sup>th</sup> grade at Second Street School. Second Street moved it's 7<sup>th</sup> and 8<sup>th</sup> grade into a wing of Frankfort High

School, that we now call Frankfort Middle. Confusing? Yes, I know, but I am getting use to it.

I am excited about the growth of the NASP program in our region. This year a few regions have moved around a bit. Owen County has moved into Region 4 and Marion County has joined us in Region 5. Welcome, Marion County!!!

I want to encourage any of you that wish to find out more about The National Archery in the Schools program to visit the website [fw.ky.gov](http://fw.ky.gov) and click on the KyNASP at the bottom of the page.

If you have any questions, feel free to contact me on email at [lisa.frye@frankfort.kyschools.us](mailto:lisa.frye@frankfort.kyschools.us) or by phone at (502) 395-1798.

## Region VI: Martin Wheeldon, Pulaski County



I am 29 years old and a native of Eubank, KY. I teach Engineering Design at Pulaski County High school. This is my first year as a teacher. I am married to Jill Wheeldon and we have a 3 year old son named Lucas. I started shooting archery as a young child, and have enjoyed bow hunting and archery since that time. I have been involved with 4-H archery teams and competitions in some capacity for the past 20 years. I was also a competition rifle shooter and a member of the Morehead State University and Murray State University Rifle Teams. My work experience includes four and half years with the Kentucky Department of Fish and Wildlife as a wildlife biologist. I also spent two years as 4-H agent in Pulaski County

before beginning teaching this year. When not working, I spend my time with my family and church. I also deer and turkey hunt as well as bass fish.

## Region VII: Wiley Faw, Bourbon County

### YMCA & NASP Partnership

With basketball, cheerleading, dance teams, and many others trying to get gym time for practices and competitions, gym time can be a scheduling nightmare for archery coaches. The Telford YMCA of Richmond has partnered with NASP to provide an excellent alternative for schools experiencing these problems. YMCA staff have opened up one of their gyms for local archery teams and clubs to practice. Madison Central High School's archery team has already taken advantage of this opportunity and are having their weekly practices at the new location.

The YMCA is not stopping with practice times.

Kevin Hurt (YMCA Executive Director), Susan Patton (Program Director) and the rest of the YMCA staff already have big plans for the growth of the archery program. They are in the process of purchasing the equipment and will soon begin their own after-School Archery Program.

### Glenn Marshall Elementary Attends Tyler Roberts Memorial Shoot



Glenn Marshall Elementary students (seen above) from

## ***Region VII continued from page .....***

Richmond were fortunate to attend the Tyler Roberts Memorial Shoot, September 8 in Harrodsburg. The shoot was sponsored by the Kentucky Traditional Bowhunter's Association (KTBA) in honor of Tyler Roberts, a young man who was an avid hunter and archer. All funds from the shoot were donated to GME to help fund their NASP program. Participants shot a 3-D course, consisting of 30 targets, participated in a silent auction, and enjoyed a fish fry while a Montana hunting trip for two was also raffled off to raise money.

Gene Murphy, President of KTBA, was able to present a check of \$2800 to the GME Archery team to help purchase equipment for their program. The love that the KTBA members have for children and seeing archery started in schools was overwhelming. The coaches at GME are planning on taking their archery team back to the KTBA club for a fun day of shooting 3-D targets and to personally say thank you for the generous donation that was given.

GME also received a check for \$1000 from the Richmond Kiwanis Club and would like to send out a special thank you for their generous donation! The Kiwanis Club has a heart of gold when it comes to helping provide for children! Other local sponsors the team would like to thank are: Barger's, Brown and Tribble, Buggies Unlimited, DC Sheetrock, Greg Brown and family, "It's All In The Bag," John Rader Insurance, Judy Howard, Madison County Farm Bureau Federation, Farm Credit Services, Prewitt Workwear, Robert and Dewey Locker, Silver Cliff Landscaping, Taylor's Pool Room, Tim Webb Photography, and Vertical Structures.

The GME Archery team is coached by Contessa Harris, Kendra Sewell, David Tipton, and Matthew Fish. The school now has all equipment purchased and is ready to start practice in November and looks forward to the impact that NASP will have on their students!

### **MADISON COUNTY WINTER INVITATIONAL TOURNAMENT**

The Richmond YMCA is also hosting a Winter Invitational Tournament for all Madison County Schools on Saturday, January 26. This will be a great jump start for the upcoming Region Tournament for Region 7 on March 1st.

If you have any questions about the partnership between the YMCA and NASP please feel free to contact Susan Patton at (859) 623-9356

## **Region VIII: Denise Boggs, Elliott County**

I would like to welcome 3 new counties to Region 8: Rowan Co., Bath Co., and Fleming Co. I would also like to welcome Lawrence Co. High School, Warfield Middle, and Inez Middle for becoming part of the NASP program. We are looking forward to a great turn out for the regional tournament this year. (I'll get that date to all region 8 instructors within the next week.) Any suggestions and help is welcome in constructing the 2nd Annual Regional tournament for Region 8.

Next BAI trainings will be Nov. 12, 17, and Dec. 8

Denise Boggs

8th Region NASP Coordinator

denise.boggs@elliott.kyschools.us

Home # 606-738-6436

Work # 606-738-8152

## **Region IX: Kenny Roark, Perry County**

Kenny Roark is principal at Leatherwood Elementary in Perry County where he has been principal for ten years. He has 17 years of experience in education. He is a certified Hunter Education instructor and coaches the Leatherwood Elementary archery team in Perry County. His teams at Leatherwood Elementary have attended the NASP state tournament since it began. He is the coordinator for schools in Harlan, Leslie, Perry, Knott, Letcher, Lee, Owsley, Breathitt, Floyd, and Pike counties. His contact information is: by phone 606-675-4431 or email Kenny.roark@perry.kyschools.us.



**Roark, with Region 9 Champion  
Ronnie Burke, from Leatherwood  
Elementary**



## FALL SUMMIT FOR KY'S REGIONAL COORDINATORS HELD

*Submitted by Christie Parcell,  
Region III Coordinator*

KY NASP Regional Coordinators held their annual fall summit at Fred Pape's Victoria Crossing Farm in Breckinridge County. State Coordinator Jennie Richardson met with the coordinators and discussed the program's format for regional, state, and national competitions. Updates were given on any new changes regarding dates, equipment, etc. Ms. Richardson stressed the importance of reaching out to every school and discussed ways to help these schools establish a program and financially acquire equipment.

Several KDFWR employees were on hand to provide information and answer questions about the regional tournament. Amy Glass provided the coordinators with organizational materials used during pre-registration and registration. The material was reviewed and pointers were given to help make the process even easier. Patrick O'Connell



**Coordinators met for several hours during the weekend working on regional and statewide plans and issues.**

was also present to answer technical questions regarding registration. He explained the use of the spreadsheet and database used for the regional tournament. In addition, John Akers covered the setup of the lanes, targets, and equipment as well as additional staffing needed and awards. Mr. Akers also held educational sessions for the coordinators regarding quality deer management and wildlife conservation as well as various hunting and tracking techniques.

Bernie Morrell from Morrell targets attended and produced video of coordinator interviews regarding the huge success of the state's NASP program. Each coordinator contributed touching stories of student's accomplishments through the program.

The coordinators also had a chance to enhance their bow shooting techniques. Curtis Beverly, a professional coach, gave tips on improving aiming and releasing skills. Other topics discussed were equipment, poundage, and mental management.



**Regional Coordinator Brenda Klaas tries out a new lock-on stand installed at the Pape Farm.**

Visit [www.nasparchery.com](http://www.nasparchery.com) for discussion forums and information

## National Archery in the Schools Program Foundation Chooses Research Firm

By Tom Bennett

NASP has chosen Responsive Management of Harrisonburg, Va. to conduct a unique and rigorous research project in nine states to examine school system data related to student grades, behavior and school attendance.

NASP is recognized as the most prolific shooter recruitment program in history but may be causing some surprising additional benefits. A 2004 study done by Responsive Management indicated that school children who participated in the NASP in their physical education classes like school better. Improvements in behavior and attendance at school overall were also reported. The new study will also measure whether student performance in other subject areas has also improved.

NASP has grown from humble beginnings in 22 Kentucky pilot schools in 2002 to more than 4000 schools in 44 states, Canada and Australia. More than 2.3 million school children in grades 4-12 have received archery instruction from their physical education teachers.

NASP is the most successful youth archery program in history and will be operating in every state in the United States by the end of 2008. The program was designed by the Kentucky Department of Fish and Wildlife Resources, the Kentucky Department of Education and Mathews Archery to teach an outdoor skill and to engage students in physical education classes.

NASP lessons are taught by the physical education teacher with a focus on international-style target archery. NASP teaches a lifetime skill in a controlled, safe environment. Universal fit NASP equipment is useable by every 4<sup>th</sup>-12<sup>th</sup> grade child and the teacher, and is durable, affordable and identical in appearance and function. In order to meet and enhance student learn-

ing and accountability standards, many schools integrate archery into core content areas including math, science, and history.

Teachers, principals, students and parents have reported interesting results of the NASP. There are numerous anecdotal reports of NASP being credited with increasing attendance in physical education class. Students report improvements in self-esteem and a better relationship with their teacher(s). Collaboration is occurring with other teachers in math, science, history and humanities. Some teachers have suggested NASP is making better students in other classes. "We have seen tremendous success with the NASP program in Georgia both in the gym and in the classroom," said Dan Forster, Director of the Wildlife Resources Division, Georgia Department of Natural Resources. "This program is a win-win for everyone involved, most importantly the kids. We look forward to the continued success of the NASP for many years to come," Forster went on to say.

NASP has been linked to increases in participation in archery clubs, the personal purchase of archery equipment and hunting. The new study is anticipated to take about twelve months to complete.

**Program Philosophy** NASP is intended to teach target archery in a safe, educational indoor setting. It was designed and written by teachers with national standards and core content considerations. NASP is intended for all students regardless of athletic ability or experience. Accommodations are routinely made for physically challenged students. The equipment is designed to be universally fit which means that the fourth grader and the twelfth grader will use the same equipment. Boys and girls learn and compete together. NASP certified training is mandatory for all instructors. As states move to implement the Elementary and Secondary Education Act of 2002 ("No Child Left Behind") and engage more students in the learning process, education administrators will be trying to close achievement gaps among students of different racial, ethnic, and economic backgrounds. The creators of NASP intend for all students to be given an equal opportunity to learn, practice, and excel dependent on individual effort and practice. The NASP philosophy of standardized equipment, training, and implementation is intended to assure that there is "no child left behind."

For more information contact:

Roy Grimes, President, NASP Foundation at (502) 600-2053 or [rgrimes@nasparchery.com](mailto:rgrimes@nasparchery.com) or Tom Bennett, Director of Government Relations-NASP at (502) 594 9575

